

Your financial journey is a personal one; it starts with understanding where you are today, where you want to go, and the steps you need to take to get there. This checklist organizes your goals into short-, mid-, and long-term stages. Use it to build a future that aligns with your dreams.

Take a moment to reflect and plan for the life you envision.



Short-Term Goals (Your Current Situation)

Take a moment to assess **where you are right now.**How do your current financial decisions align with your immediate goals?

KEY FOCUS:

- Building an emergency fund
- Managing debt
- Keeping track of monthly expenses

QUESTIONS TO CONSIDER:

What's your top financial priority right now?

- Paying off debt
- Building an emergency fund
- Saving for a large purchase
- Other

How do you feel about your monthly budget?

(Rate on a scale of 1-10)



What's one financial habit you would like to improve in the next six months?

(Write a short answer)

REFLECTION:

Are your current financial habits supporting your well-being? Consider your mental, emotional, physical, and social needs. Are you meeting them now?



Mid-Term Goals (Your Future)

Think about the **next 5-10 years.** What kind of life do you see for yourself, and how can your financial choices today set you up for success?

KEY FOCUS:

- Saving for a home or big purchase
- Planning for family, career, or educational growth
- Building a strong financial foundation

QUESTIONS TO CONSIDER:

What's one major goa	l you	would	like	to	achieve
in the next 5-10 years	?				

Buying a h	ome
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- Starting/expanding your family
- Education or business expenses
- Traveling
- Other _____

How much do you expect your lifestyle or expenses to change over the next five years?

(Rate on a scale of 1-10)



What's one step you can take right now to get closer to that goal?

(Write a short answer)

REFLECTION:

How will these mid-term goals affect your well-being? Consider your mental, emotional, physical, and social health. What challenges might you face? How can financial planning help reduce stress or uncertainty?



Long-Term Goals (Your Retirement)

Picture your ideal retirement. What does it look like, and can you start preparing for that vision today?

KEY FOCUS:

- Building your retirement savings
- Health and wellness in retirement
- Enjoying hobbies, traveling, and family time

QUESTIONS TO CONSIDER:

	do you imagine spending your in retirement?			you tirem	see y ent?	ourse	elf livi	ng			
	Spending more time with family		In yo	ur cur	rent ci	ty					
	Traveling	Relocating to another state or country									
	Volunteering	☐ Independent living									
	Pursuing hobbies	Retirement community									
	Other	Assisted living									
			Othe	r							
What is the most important aspect of your retirement lifestyle?		How confident do you feel about your									
	Financial security	retirement savings? (Rate on a scale of 1-10)									
	Health and wellness	(Rate	on a sc	ale of 1	-10)						
	Staying socially connected	0	9							(
	Personal fulfillment										
	Other	1	2	3	4	5	6	7	8	9	10

REFLECTION:

How will you support your well-being in retirement? Consider your mental, emotional, physical, and social health. What kind of support systems do you want in place, and can your finances help you create that future?



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